

Are You Up-To-Date on Your Preventive Services?

Medicare covers a full range of preventive services to help keep you healthy and find problems early, when treatment is most likely to work best. Ask your doctor what services are right for you, and use the space below to track appointment dates, times, and other important information.



- One time “Welcome to Medicare” Preventive Visit—within the first 12 months you have Medicare Part B (Medical Insurance) _____
- Yearly “Wellness” Visit—get this visit 12 months after your “Welcome to Medicare” preventive visit or 12 months after your Part B effective date _____
- Abdominal Aortic Aneurysm Screening _____
- Alcohol Misuse Screening and Counseling _____
- Blood-based Biomarker Test _____
- Bone Mass Measurement (Bone Density Test) _____
- Cardiovascular Disease (Behavioral Therapy) _____
- Cardiovascular Screenings (cholesterol, lipids, triglycerides) _____
- Colorectal Cancer Screenings _____
- Depression Screening _____
- Diabetes Screening _____
- Diabetes Self-management Training _____
- Flu Shot _____

- Glaucoma Test _____
- Hepatitis B Screening _____
- Hepatitis C Screening _____
- HIV Screening _____
- Lung Cancer Screening _____
- Mammogram (screening for breast cancer) _____
- Medical Nutrition Therapy Services _____
- Medicare Diabetes Prevention Program _____
- Obesity Screening and Counseling _____
- Pap Test and Pelvic Exam (includes a breast exam) _____
- Pneumococcal Shots _____
- Prostate Cancer Screening _____
- Sexually Transmitted Infection Screening and Counseling _____
- Counseling to Prevent Tobacco Use and Tobacco-caused Disease _____

“Your Guide to Medicare Preventive Services” has more information, like costs and conditions that may apply, about these and other preventive services. Visit **Medicare.gov/publications**.

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