

# Case & Disease Management Referral Guide

## Case Management *Nurses*

### MUST HAVE A NEED:

- Help with care coordination needs
- Trouble with care plan (e.g. can't change dressings; transplants; wounds getting worse)

## Disease Management *Nurses*

- Prevent complications related to diabetes and heart disease
- Insulin questions
- Help self-manage diabetes at home

## Social Work *Social Workers*

- Resources outside of the Plan – food banks, rides, utility help
- Medication cost assistance
- Life problems – housing, anxiety